



natural healing

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FOOD SENSITIVITIES, FOOD ALLERGIES

Food sensitivities are slow immune-reactions triggered by food particles that leaked through the gut. These food particles trigger immune reaction and form food-globulin complexes that hurt the metabolism anywhere in the body. There is no way to sense these metabolic toxicities, and because the reaction is so slow people don't associate their problems with the foods they ate a few days earlier. There is also no way to know which foods are affecting a person unless they get a special test: **THE FOOD SENSITIVITY TEST** (*which is not a skin test*). **WITHOUT THE FOOD SENSITIVITY TEST THE PERSON MAY ALWAYS SUFFER WITHOUT RELIEF.**

Our office brochure explains all this with more detail. We regularly test for Food Sensitivity in our center. Sensitivity reactions to foods are slow and most people have difficulty connecting the food with their sensitivity.



They can trigger adrenal-cortisol imbalance, adrenal fatigue, and even low sex hormones. They can cause severe metabolic imbalance. According to authors, they can also cause silent bowel illness, SBBO and Dysbiosis, causing holes in the bowel through which toxins leak into the blood system and into the organs (Leaky Gut). If you suspect you are affected by these conditions consult with Gastroenterologist (a G.I. Doctor) and an Allergist. Talk to your doctor. Or contact my office. As I explain in my office, testing and correcting food sensitivities may be necessary to achieve **METABOLIC IMPROVEMENT**. Medical-Trim patients are encouraged to be tested, as the combination of these conditions may be a strong root for their weight gain and weight resistance loss.

**HOW CAN YOU TELL?
WHAT KIND OF FOOD?
CAN IT BE ANYTHING?**

Yes, THE FOODS YOU ARE EATING COULD BE HURTING YOUR BODY.



Are Your Hormones
Supporting Your Daily Needs?

Metabolic Cleansing and
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SYMPTOMS OF POSSIBLE FOOD SENSITIVITY

(SYMPTOMS VARY A LOT FROM PATIENT TO PATIENT):

cough, sneezing, wheezing, asthma, sleep disorders, bronchitis, nasal congestion, sinusitis, canker sores, watery eyes, itchy eyes, blurred vision, catching infections easily, headache, migraine, depression, memory problems, mental fatigue, intellectual difficulties, confusion, insomnia, poor concentration, autism, attention deficit, learning disability, eczema, psoriasis, dermatitis, acne, hives, rosacea, rashes, hair loss, cracked nails, weight gain, obesity, water retention, low-thyroid, adrenal fatigue, cravings, food addictions, imbalance of hormones, binge eating, weight-loss resistance, mood swings, anxiety, fear, irritability, anger, nervousness, hyperactivity, fatigue, sluggishness, apathy, lethargy, restlessness, severe tiredness, Chronic Fatigue Syndrome, stiff muscles, stiff joints, tendonitis, joint pains, weak muscles, osteoporosis, Fibromyalgia, malabsorption, vitamin deficiency, iron deficiency, anemia, calcium deficiency, nutritional diseases, irritable bowel syndrome (IBS), diarrhea, Dysbiosis, constipation, bloating, silent bowel illness (SBI), heartburn, belching, stomach pain, stomach ulcer, indigestion, esophageal reflux.

Many people go through life suffering multiple medical problems never knowing that the food they eat is the cause of their illnesses.

Daniel Nuchovich

Jupiter Institute, better health for better life.

DISCLAIMER

If the information contained in this website deviates from what is known as Conventional Medicine and enters in the field of Alternative Medicine and Anti-Aging Medicine, it is only with the intention of providing you with a choice, but not a substitution, to conventional medical care. You should continue seeing your Medical Doctor and / or your medical specialists: follow their instructions. There are no substitutions for Traditional and Conventional Medicine, nor for the guidelines of care of the American Medical Association and the American College of Physicians.

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